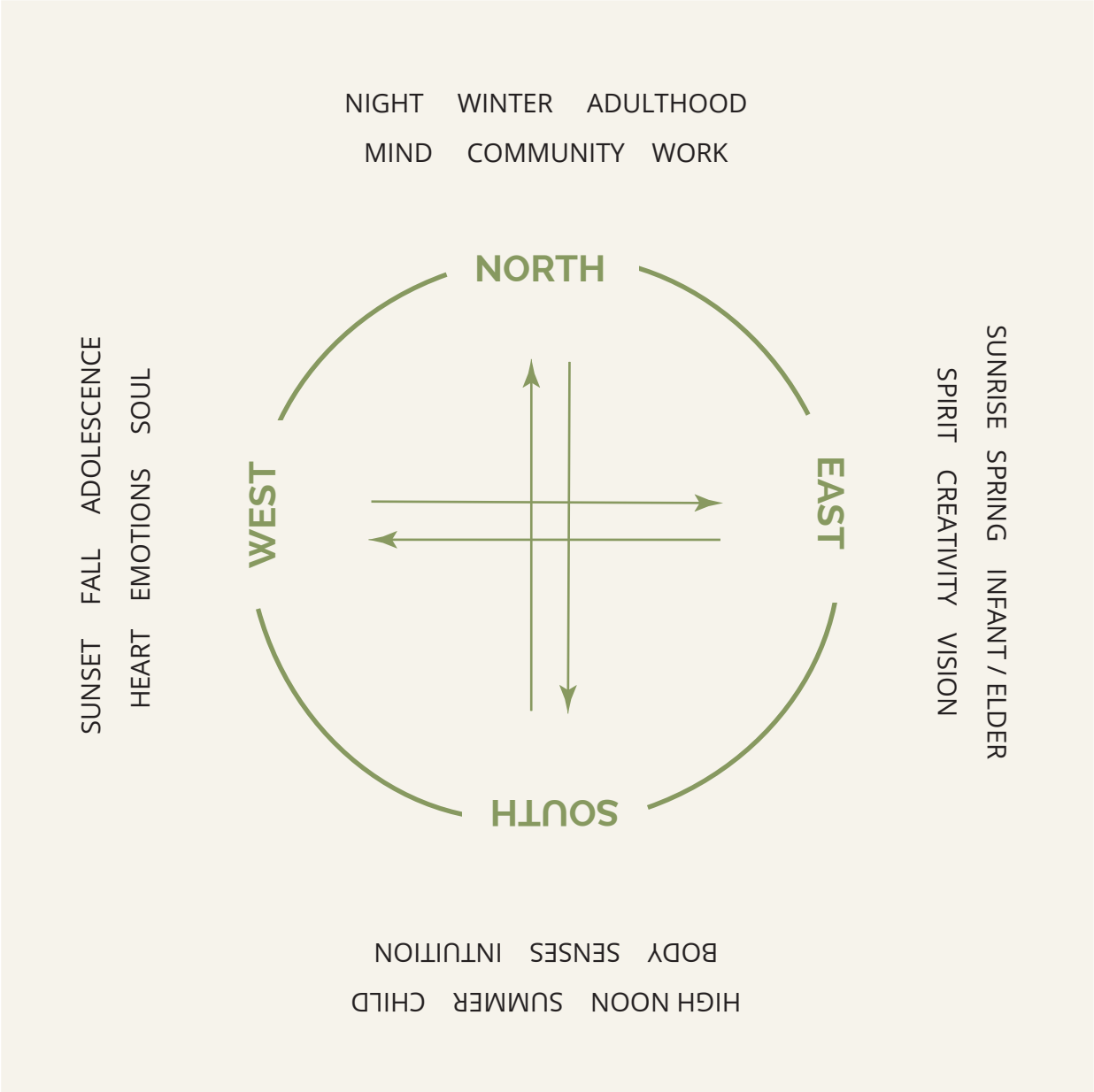


Who is my tribe? What gifts do I bring and how?
 What is the highest use of my talents, training and life experience?



What needs to change so I can show up true to myself and my values? How I can best support others? What do I need to let go of to be more present for others?

What practices nourish my spirit? What seed in me wants to be birthed?
 How can I best create conditions for new ideas to flourish?

What attracts and fascinates me? What am I afraid of? How do I experience and explore the world around me? How can I best use what I know "in my bones" to the greatest effect?



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FOUR DIRECTIONS FRAMEWORK

FOR HOLISTIC LEADERSHIP

with gratitude to all indigenous peoples,
 S. Foster & M. Little, Bill Plotkin & John P. Milton